

## Self Tests on Internet Addiction

Written by Dr. Kimberly Young

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### Self Tests

[\*\*Cybersexual Addiction Quiz\*\*](#) - A quiz to determine if you are addicted to cybersex or viewing cyberporn.

[\*\*Internet Addiction Test\*\*](#) (IAT) - A test for online users to determine if they may be addicted to the Internet. [\*\*Click Here for validation studies for the Internet Addiction Test.\*\*](#)

[\*\*Quiz for Obsessive Online Gaming\*\*](#) - A quiz for those who might suffer from online gaming addiction.

[\*\*Quiz for Compulsive Online Gamblers\*\*](#) - A quiz for those might suffer from compulsive online gambling.

[\*\*Quiz for Online Auction Addiction\*\*](#) - A quiz for those who may suffer from an addiction to online auction houses.

[\*\*The Partner's Addiction Test\*\*](#) - A test for spouses or partners of potential Internet addicts.

[\*\*The Parent-Child Addiction Test\*\*](#) - A test for parents to help assess if their son or daughter may be dealing with an addiction to the Internet